



Location: **Toronto, Canada**

Age: **20**

Auum Product: **Auum Essential D3A**

Profession: **Student and Amateur Athlete**

Favorite
Pass Time: **Running**

Proudest Achievement:
Setting Westerns fastest 4x800m lead leg in history.

What are you up to today?

Today I'm going to class, training for a few hours then studying and going to bed!

Your Auum Experience...Tell us about it!

A lot of running depends on my ability to focus, and Auum has allowed me to do so unlike any supplement else I've ever taken. It's allowed me to push myself more than I thought was possible and helped me with keeping a positive attitude on and off the track.

In what way will you pass on the benefits of Auum?

I'll be able to pass on my Auum benefits to my teammates due to my positive attitude, my ability to train harder which ultimately makes me a better team mate and my ability to stay injury free helping my team.

Running!! Running Fast!! Running Faster!! Fastest Run!!